

# Surviving the Summer with Your Family

## What your parents are thinking:

You just left  
Nothing has changed  
We pay-you obey  
We want to be a part of your life  
Get a job!

## What you are thinking:

I am an adult  
You didn't know what time I came in  
all year—what does it matter now?  
I can make my own decisions  
Back off!

### 1. Be Patient

- With parents—they need time to adjust
- With siblings—they have enjoyed life without you

### 2 Communicate, communicate, communicate

- Negotiate the rules
- Be willing to compromise
- Remember—it is still their house
- Speak with a quiet voice
- Act like an adult – get treated like an adult
- Don't abuse your responsibility

### 3. Make good use of your time

- Find a job
- Look for ways to help out
- Do the small things--Try to keep your room picked up
- Spend a little time with your family

### 4. Be Understanding--

- It is hard for them to adjust to you growing up
- They have not seen you change
- The only thing different in their lives has been your absence – almost everything is different in your life

### 5. Keep it in perspective

- It is only a summer